

Community Night Program

Mike Donahue

<https://value-up.org/>

(Value, Believe in yourself)

The message of Walk a Mile is that everyone has value, and our mission is to raise the value of human life in schools across this nation. When students understand their innate value and the innate value of others, they are more likely to thrive. Research has proven that they perform better academically and are more likely to engage in their learning process. The Walk a Mile assembly program provides a huge boost to the morale of student and teachers and lays a strong foundation of respect and inclusion.

Speaker is for the senior class

Chris Herren - <https://www.ahoopdream.com/profile/chris-herren/>

(Addictions, Recovery, Value)

Chris Herren is former NBA basketball player, motivational speaker, author and wellness advocate who struggled with substance use for much of his basketball career. Alcohol and drug-free since August 1, 2008, he has refocused his life to put his sobriety and family above all else. With the hope of reaching just one person and making an impact in their life, Chris travels the United States sharing his story with professional athletic teams and leagues including the NBA, NFL and MLB, University and Colleges, High Schools and Community Groups. Since 2009 he has spoken to over one million students and individuals nationwide and is thankful for each day that he can share his story to further a message of hope and that is it never to late to start a new chapter in your life.

This assembly is open to all ages

This community night is open to the public on May 22, 2019. Doors open at 6:30 and program will begin right at 7pm in the HS Auditorium.

For further details please contact
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ARLINGTON HIGH SCHOOL SCHOOL ASSEMBLY DAY





MEET THE SPEAKERS

Michael Fowlin

<http://mykeefowlin.com/>

(Inclusion, Diversity, Equity)

Mykee's programs combine both his professional acting talents and his psychological training. His mission is to create an atmosphere of worldwide inclusion, not just tolerance, towards all people. He has worked extensively with all age groups in the United States and in other countries. His work has included peer mediation, diversity trainings, gender equity workshops, and violence prevention seminars.

Speaker is for the freshman class

Keith Deltano

<https://www.dontbullyonline.com/assemblies/school-assembly/drug-awareness-assembly/>

(Mental health/ addiction)

Keith's mental health and drug and alcohol awareness assembly will bring home the harsh realities of addiction. Studies show that many teens believe the only risk of injury from drug and alcohol use occurs and when they get in a car. Keith shows that getting in a car driven by someone that is intoxicated or buzzed is not the only danger. He will have an audience volunteer get so "drunk" they "die" from alcohol poisoning. He brings the impact of alcohol poisoning home. Keith also addresses the loss of cognitive function that can occur with drug and alcohol use.

Speaker is for the sophomore class

Eddie Slowikowski

<http://eddiespeak.com/about/>

(Empowerment, Leadership)

In his program, *The Best Version of You*, Eddie shows audiences how to transcend failure. By relating the story of coming in second place at the big State Championship, Eddie relates how setbacks can set us up for future success. How we respond to "losing" shows us who we really are because, when the chips are down, your true character is revealed. Find the winner within through struggle and come out the other side to be a more well-rounded, battle-tested and mature person.

Speaker is for the junior class